

## Milk Makin' Cookies

1 ½ C whole wheat flour

1 ¾ C oats

1 tsp baking soda

1 tsp salt

¾ C almond butter or peanut butter

½ C butter, softened

1 C flax seed

3 T brewers yeast

1/3 C water

1 tsp cinnamon

½ C sugar

½ C brown sugar

2 tsps vanilla

2 large eggs

2 c chocolate chips

1 C chopped nuts

Preheat oven to 350. Combine flour, baking soda, cinnamon, and salt in a bowl. In a large bowl, beat peanut butter, butter, sugar, brown sugar, vanilla, brewer's yeast, flax and water until creamy mix in eggs. Gradually beat in flour mix. Mix in nuts and chocolate chips. Add oats slowly, while mixing. Place the balls of dough onto greased baking sheets or baking stones. Press down each ball lightly with a fork. Bake 12 minutes. Allow to cool.