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## **Post Op. Wound Care**

You have undergone a minor surgical procedure that requires appropriate care and monitoring to prevent infection. The following instructions are to be followed as closely as possible.

1. After surgery your wound will be covered. This bandage is to remain in place and dry for at least 24 hours.
2. After 24 hours or if the area becomes soiled or wet, change the bandage at least once daily.
3. Keep the surgery site moist with antibiotic ointment for the first two days. (Example: polysporin, bacitracin, Neosporin, or triple antibiotic ointment.)
4. Any activity that puts stress on or causes pain in the area of the surgery should be avoided until sutures are removed. You can pull sutures out causing a large scar and possible need for repair.
5. Pain is usually well controlled with ibuprofen 400-600 mg every eight hours. If you are unable to tolerate or take this medication, use Tylenol. For extensive procedures, pain medicine will be prescribed. If pain is not tolerated well with above medication, please notify my office.

RETURN FOR SUTURE REMOVAL IN \_\_\_\_\_ DAYS.

Please call (870)741-6373 or return to the clinic if you see signs of infection such as:

- Increasing redness and swelling around the site
- Purulent (puss) type drainage
- Increasing pain or tenderness to the area

Slight crusting at the suture line can occur during the first two to three days. This can gently be washed away with antibacterial soap and water. If you will be in any situation where the site may be in contact with dirt or dust, please keep it covered.

If you have any questions, concerns, or need assistance, please call the office.